

CAMLINK

Additional instructions for the Camlink CMP1 monopod

Adjusting the leg length

To adjust the leg length do not attempt to turn the plastic grips on the legs but instead hold the plastic grip on the upper section of leg in your left hand and grasp the next lower section with your other hand. Twist the lower leg section in an anticlockwise direction (in the direction marked 'open' on the upper section) using your right hand until the leg can easily be extended to the required length (do not try and pull out the lower section further than the white stop mark on this leg section). To lock the lower leg at this position tighten the lower leg by turning it in a clockwise direction (in the direction marked 'close' on the upper section) until resistance is felt. **Do not overtighten.** The lower leg is now locked at the required leg length with the antishock mechanism deactivated.

Activating the Antishock mechanism

After locking the lower section of leg using the above instructions, twist the lower leg section slightly in an anticlockwise direction until a click is felt. The Antishock mechanism is now activated. The monopod will now absorb shocks when used as a walking aid using the spring loaded internal mechanism

